

Let's Get Healthy Tullahoma!

HEALTH & FITNESS EXPO

Northgate Mall • Sat., Aug. 24 • 9:00 A.M. - Noon



Get Fit! Tullahoma is hosting a free community health fair that will include health and fitness booths, health screenings, fitness demonstration, THS Coach Olive and fun for the whole family.

For more a complete schedule and to learn more about a weight loss and Diabetes management class you can attend, go to <http://www.tullahomatan.gov/get-fit/>



HARTON REGIONAL
MEDICAL CENTER

NORTHGATE
MALL

